# FPCLY IMPACT WEEK SCHEDULE -AUGUST 5-10

MONDAY, 8/5	TUESDAY, 8/6	WEDNESDAY, 8/7	THURSDAY, 8/8	Friday, 8/9	SATURDAY, 8/10
Morning					
Baking Treats for "Thank You" Trays Bake at home and deliver to FPC by 8/5  9am-11am Community Partner "Thank You" trays @FPC & deliver  10am-Noon Birthday Cards @ FPC	8am-Noon IOA Furniture Warehouse  9:30am-11:30am Presbyterian Cemetery Tour  9:30am-12:30pm Daily Bread Lunch Service  8am-2:30pm (Youth) Valor Farm	8am-Noon IOA Rebuilds (Ramp Building Warehouse)  10am-Noon Park View Food For Families Prep  8am-2:30pm (Youth) Valor Farm	8am-Noon IOA Rebuilds (House Project TBD)  9am-11:45am Park View Food For Families: Pantry Help	11am-1:30pm Veteran's Lunches @ Monument Steps  11am-2pm Park View Food For Thought Distribution @ Miller Park	9am-11:45am Park View Food For Families: Pantry Help  9:30am-12:30pm Daily Bread Lunch Service
AFTERNOON					
1pm-2:30pm RAEFP Clean/Sort 2:30pm-4pm RAEFP Starter & Hygiene Bags	1pm-3pm Birthday Cards @ FPC  3pm-4pm Service @ W.C. (Intended for W.C. residents)  4pm-6:30pm Dinner & Visits @ WC	1pm-3pm Birthday Cards @ FPC  1:30pm-3pm Park View Café Prep  3pm-6pm Park View Café Service	Noon-3pm Park View Clothing Connection Shopping  1pm-3pm Tour of Park View Facilities  5pm-7pm "Pizza and Service" Night @FPC  7pm-8pm Choir Singing @ W.C.	Noon-3pm Park View Clothing Connection Prep	11:30am-2:30pm Park View Food For Families: Pantry Help  Member Visits Available all week!

Confirmed, not yet scheduled:

Miriam's House Landscaping/Clean-Up

## FPCLY IMPACT WEEK OPPORTUNITIES

#### **Least Strenuous**

- Baking Treats for "Thank You" Bags
   Bake at home and deliver to FPC by 9am 8/5.
- Birthday Card Creation @ First Pres
   (Mon. 10am-Noon; Tues./Wed. 1-3pm) All Ages
   Create/write birthday cards for FPC members.
- Choir Singing @ Westminster Canterbury
   (Thur. 7pm @ WC) All Ages
   Join in to sing some favorite hymns @ WC.
- Community Partner "Thank You" Trays
   (Mon. 9-11am @ FPC) All Ages
   Assemble trays, write notes, and deliver to community partners throughout Lynchburg.
- <u>Lunches to Veterans @ Monument Steps</u>
   (Friday 11am-1:30pm) All Ages
   Load & deliver lunches to Veterans downtown.
- Park View Café (Wed. 1:30-6pm)
   1:30-3pm help prep dinner @ FPC to be transported to Park View.
   3-6pm help package, serve, and eat dinner with neighbors at Park View.
- <u>Pizza & Service</u> (Thur. 5-7pm @ FPC)-All Ages
   Enjoy pizza, fellowship, and a time of service:
   making meals for multiple opportunities plus
   birthday card writing and more!
- Service @ W.C. (Tues. 3-4pm @ W.C.)
   Residents of W.C. will meet to pack bagged
   lunches for children whose families visit
   Lynchburg Daily Bread. More details TBD.
- <u>Tour of Park View Facilities</u> (Thur. 1-3pm)
   Learn about all the ministries of P.V. and how they assist neighbors throughout LYH.
- Visit Home-Centered Members –All Ages
   -Tues. 4-6:30pm @ W.C. dinner and visits
   -Rest of the week: your schedule, location TBD.

#### **Moderate**

- Lynchburg Daily Bread Lunch Service
   (Tues. & Sat. 9:30am-12:30pm @DB) Ages 18+
   Pack and serve hot lunches to folks downtown.
- <u>Miriam's House</u> TBD Landscaping work and clean-up.
  - Park View Clothing Connection
    (Thur. & Fri. Noon-3pm)
    Assist neighbors in shopping (Thur.); sort and hang donated clothing (Fri.)
- Park View Food For Thought Distribution
  (Fri. 11am-2pm @ Miller Park)
  Hand out weekend meal kits to folks in and around Miller Park area.
- Presbyterian Cemetery Tour
   (Tues. 9:30-11:30am @ Pres. Cemetery)
   Learn the history and work of this beautiful space, plus the current needs. All Ages
- Rivermont Area Emergency Food Pantry
   (Mon. 1-4pm @Holy Trinity Lutheran) -All Ages
   1-2:30pm clean and sort
   2:30-4pm pack starter bags and hygiene bags
- Valor Farm Middle & High School Youth (Tues. & Wed. 8am-2:30pm)
  Youth and adults will travel to and from Altavista to learn about and work with this Veteran support organization.

### **Most Strenuous**

• Interfaith Outreach Association (IOA)

(Tues., Wed., Thur.: 8am-Noon)

<u>Tues.</u> - Organize/move furniture @ Warehouse

<u>Wed.</u> - Build ramp sections @ Ramp

Warehouse

<u>Thur.</u> - Join Rebuilds staff on a house repair project TBD

Park View Food For Families

(Wed., Thur., Sat. multiple shifts @ Park View) Help stock and organize shelves to prepare for shopping hours (Wed.) and assist neighbors as they shop in the food pantry (Thur. & Sat.).

MORE OPPORTUNITIES ARE BEING CONFIRMED!

Please email <u>alex@fpcly.org</u> with any questions!