## FPCLY IMPACT WEEK OPPORTUNITIES

## Least Strenuous

- <u>Baking Treats for "Thank You" Bags</u> Bake at home and deliver to FPC by 9am 8/5
- <u>Birthday Card Creation @ First Pres</u> (Mon. 10am-Noon; Tues./Wed. 1-3pm) *All Ages* Create/write birthday cards for FPC members.
- <u>Choir Singing @ Westminster Canterbury</u> (Thur. 7pm @ WC) – *All Ages* Join in to sing some favorite hymns @ WC.
- <u>Community Partner "Thank You" Trays</u> (Mon. 9-11am @ FPC) – *All Ages* Assemble trays, write notes, and deliver to community partners throughout Lynchburg.
- Lunches to Veterans @ Monument Steps (Friday 11am-1:30pm) – All Ages Load & deliver lunches to Veterans downtown.
- Park View Café (Wed. 1:30-6pm)
   1:30-3pm help prep dinner @ FPC to be transported to Park View.
   2 Come help performed activities

3-6pm – help package, serve, and eat dinner with neighbors at Park View.

- <u>Pizza & Service</u> (Thur. 5-7pm @ FPC)-All Ages Enjoy pizza, fellowship, and a time of service: making meals for multiple opportunities plus birthday card writing and more!
- <u>Service @ W.C.</u> (Tues. 3-4pm @ W.C.) Residents of W.C. will meet to pack bagged lunches for children whose families visit Lynchburg Daily Bread. More details TBD.
- <u>Tour of Park View Facilities</u> (Thur. 1-3pm) Learn about all of the ministries of P.V. and how they assist neighbors throughout LYH.
- <u>Visit Home-Centered Members</u> –*All Ages* -Tues. 4-6:30pm @ W.C. – dinner and visits -Rest of the week based on your schedule, either at W.C. or at folks' homes.

	Moderate	Most Strenuous
	Lynchburg Daily Bread Lunch Service	Interfaith Outreach Association (IOA)
3/5.	(Tues. & Sat. 9:30am-12:30pm @DB) Ages 18+	(Tues., Wed., Thur.: 8am-Noon)
	Pack and serve hot lunches to folks downtown.	Tues Organize/move furniture @ Warehouse
l Ages	Miriam's House TBD	Wed Build ramp sections @ Ramp
bers.	Landscaping work and clean-up.	Warehouse
oury	<u>Park View Clothing Connection</u>	Thur Join Rebuilds staff on a house repair
	(Thur. & Fri. Noon-3pm)	project TBD
2.	Assist neighbors in shopping (Thur.); sort and	<ul> <li><u>Park View Food For Families</u> (Wed., Thur., Sat. multiple shifts @ Park View)</li> </ul>
<u>/S</u>	hang donated clothing (Fri.)	Help stock and organize shelves to prepare for
	Park View Food For Thought Distribution	shopping hours (Wed.) and assist neighbors as
0	(Fri. 11am-2pm @ Miller Park)	they shop in the food pantry (Thur. & Sat.).
rg.	Hand out weekend meal kits to folks in and around Miller Park area.	
eps	Presbyterian Cemetery Tour	
town.	(Tues. 9:30-11:30am @ Pres. Cemetery)	
	Learn the history and work of this beautiful	
1	space, plus the current needs. All Ages	
	Rivermont Area Emergency Food Pantry	
ner	(Mon. 1-4pm @Holy Trinity Lutheran) -All Ages	
	1-2:30pm - clean and sort	MORE OPPORTUNITIES ARE
Ages	2:30-4pm - pack starter bags and hygiene bags	
vice:	Valor Farm – Middle & High School Youth	BEING CONFIRMED!
olus	(Tues. & Wed. 8am-2:30pm)	
	Youth and adults will travel to and from	
	Altavista to learn about and work with this	
ed	organization that supports Veterans.	
		Please email <u>alex@fpcly.org</u> with
		any questions!
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